



| LEGEND          |  |
|-----------------|--|
| Main Trail      |  |
| Secondary Trail |  |
| Road            |  |
| Air Route       |  |
| Monastery       |  |
| Peak            |  |
| Airport         |  |
| Helipad         |  |
| Days            |  |
| Pass            |  |
| Lake            |  |

## ALTITUDE CHART

